



# Setting Up Your Exodus Team



**Exodus Teams are  
unforgettable  
small group  
adventures  
combining  
discovery,  
friendship and  
mission.**





**'I came so that they can  
have real and eternal life,  
more and better life than  
they ever dreamed of.'**

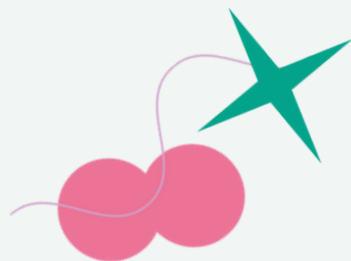
**John 10:10**

# **No-one who chooses to follow Jesus ever misses out**

**The vision of Exodus is to see generations of young people boldly following Jesus and becoming lifelong disciple makers.**

Exodus teams have served young people and communities around the world for over 25 years and this booklet outlines all you need to know about setting out to lead, host or run a team.

Thank you for sharing the adventure of making disciples who make disciples.



# The Team Journey

An Exodus team is a 6 month journey beginning with regular small group meetings, a residential along with way and finishing with a ministry placement.

## 1. Team Meetings

**Groups prepare by meeting weekly from February – June.**

They complete 16 small group sessions focusing on fun, discipleship, team building and ministry preparation. Team meetings follow one of our four courses and usually last around 2 hours.

"My team was life changing. I made friends for life and learned more about myself and about God"

**Rachel, Ex-press team to India**



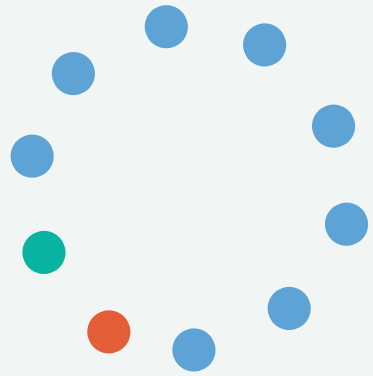
## 2. Ministry Placements

**Teams serve alongside a local or international host for a 10-14 day summer ministry placement.**

Most placements begin with a 48 hour residential 'launch' full of fun, ministry preparation and Bible engagement alongside other Exodus teams.

Groups then move to their host to serve most often in kids & youth ministry, community outreach, church services and practical work.

# Team Roles



## LEADER

**Disciples group members and is responsible for the team.**

- A committed follower of Christ (21+).
- Passionate about young people developing their relationship with God.
- Someone who sets an example in words, actions, love, faith and purity.

## CO-WORKER

**Supports the leader in discipling the group.**

- A committed follower of Christ (18+).
- Able to work as part of a team and compliment the leader's gifts and energy.

## GROUP MEMBERS

**Participates in team meetings & ministry placement.**

- 3-10 individuals aged 15-25.
- At a similar spiritual stage.

## TEAM MANAGER

An Exodus point person who supports leaders with information, advice and accountability.

## OPERATIONS TEAM

The Exodus office will process applications and manage finance, admin and logistics.

## HOST

A trusted partner and ministry leader who cares for the team and sets up their daily placement programme.

# Team Courses

Each team follows one of four courses during their team meetings.



## Discovering the Christian Life 15+

"Come, and you will see." So they went and saw where he was staying, and they spent that day with him.

**John 1:38 - 39**

## Going Deeper as a Disciple 15+

"Whoever wants to be my disciple must deny themselves and take up their cross and follow me."

**Mark 8:34**



## Developing a Life of Ministry 17+

"The harvest is plentiful, but the workers are few. Ask the Lord of the harvest, therefore, to send out workers into his harvest field"

**Luke 10:2**



## Becoming a Disciple-Maker 18+

"Therefore go and make disciples of all nations, baptising them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you."

**Matthew 28:19-20**



# Team Meetings

Each of the courses are made up of a range of key building blocks which work together to form each small group session.



## Body Builders

Fun games, activities or conversation starters to help people relax and to build community.



## Trigger Talks

Short videos which present key ideas and focus on spiritual growth.



## Prayer Focus

Creative activities to encourage individual and group prayer.



## Food for Thought

Team members follow a Bible reading plan, journaling their thoughts and discussing their readings in creative ways.



## Residential

The team spends 1 or 2 nights away, allowing time to build relationships, develop fun and go deeper together.

# Placement Destinations



## HUNGARY

**Kids clubs and outreach partnering with a local church.**

PC £545 FR £350 (approx)



## SLOVAKIA

**Outreach to a community through a kids club and practical service.**

PC £545 FR £350 (approx)



## N.I & ROI

**Partnering with local churches and ministries to engage with young people and communities.**

PC £160 FR £120 (approx)



## SPAIN

**Partnering with churches to facilitate outreach to all age groups.**

PC £595 FR £350 (approx)



## ROMANIA

**Practical ministry, delivering food parcels, kids clubs and church services.**

PC £545 FR £325 (approx)



## SOUTH AFRICA

**Serving local communities through sport, youth work and evangelism.**

PC £1195 FR £450 (approx)



# Church & Partner Teams

Exodus have worked alongside dozens of churches, schools and youth centres to help them deliver a team experience in their local setting.

## Church/Partner Organisation Role

- **Recruit a team leader, co-worker and team members suitable for the experience.**
- Complete a partner agreement before launching and advertising the team.
- **Support the group through prayer, encouragement, fundraising, feedback and ministry opportunities.**
- Ensure the team meets its financial commitments to Exodus.
- **Provide public liability insurance for all the activities before the team travels.**



## Further Opportunities for Partnership

- **Launch and train a group of mentoring pairs using the WALKWITHME App.**
- Run a youth weekend in our Coleraine Residential Centre.
- **Get involved with Legacy, a new initiative to support parents disciplining their children.**
- Launch a new Exodus worker to serve in your town.
- **Pray or give financially to your local area.**

# Exodus Support



## 1. PREP & TEAM MEETINGS

- **A personalised web page with key team details and links.**
- Training for leaders and co-workers.
- **Resources for team meetings & placement preparation.**
- A Team Manager who'll provide pastoral support and advice.
- **Online financial systems for payments & fundraising.**
- Public Liability Insurance for residentials, team meetings and fundraisers (excludes partner teams).
- **Communication with host to plan placement and ministry opportunities.**
- Admin including processing of all application forms, medical forms and police checks, booking of transport and accommodation and provision of individualised team finance tracking.
- **Annual Commissioning Service.**

## 2. PLACEMENT

- **Day-plan and preparation guide.**
- Kid's club and ministry materials.
- **24/7 on call support during the placement for emergencies.**
- Full travel insurance for the duration of the placement.
- **Public liability and tour liability for the duration of the placement.**
- ATOL Protection for every team involving a flight.

## 3. FOLLOWING PLACEMENT

- **A leader, co-worker and host review.**
- A celebration event.
- **An invitation towards further discipling opportunities through a local Exodus centre.**



# Finance

The total cost of each team covers preparation, training and materials as well as transport, food and accommodation, insurance, support and project costs. It also includes a contribution towards the Exodus staff costs of running the teams.



## PERSONAL CONTRIBUTION

**The amount each team member must pay to secure a place on the team. This is typically around £160 for Irish teams and around £550 for European teams .**

- Leaders and Co-workers receive a 25% discount on their personal contribution if they have paid the deposit on time (excludes partner teams).
- There is a bursary available (up to £150) to assist team members who cannot afford the Personal Contribution (excludes partner teams).
- A 40% deposit should be paid by the end of February with the final balance to be paid by at the end of April.
- Payments are invoiced directly to team members for online payment.

## FUNDRAISING

**Leaders and team members are expected to take part in personal and group activities, aiming to raise £120pp for Irish teams and approx £350pp for European teams.**

- Donations can also be made using TotalGiving (set up at training) or by cash or cheque (made payable to 'Exodus') and given to the team leader.

# Expectations for Leaders

**Exodus team leaders and co-workers represent Exodus to hundreds of young people, parents, churches and partners around the world and therefore they are expected to:**

- 1. Be passionately pursuing a growing relationship with Jesus.**
2. Prepare for and deliver the weekly sessions with care and creativity.
- 3. Demonstrate integrity and responsibility when overseeing the necessary admin and finances.**
4. Ensure all contact with young people follows the child protection code of good practice and prioritises their health and safety.
- 5. Accept the decisions of those in authority and support the values and ethos of Exodus.**
6. Take a position of total abstinence from alcohol for the period of time they are involved, this in support of the wider Exodus stance that abstinence is a healthy alternative. (Leaders of partner teams should follow their organisation's policy on alcohol but abstain when they are on placement.)
- 7. Choose carefully the venues they visit and avoid things that would conflict with the ethos of Exodus or have a negative impact on those they disciple (e.g. tv viewing and internet use).**
8. Be committed to a Biblical view on sexuality, namely that sexual intimacy is only to be expressed within marriage and between a man and a woman.
- 9. Refrain from forming dating relationships with another team member, leader or young person in the placement country.**
10. Set an example with, and ensure adherence to, the modest dress code.

# Hosting a Team

By welcoming a group of enthusiastic and prepared young people for 7-10 days, hosts can reach others in their community, energise local believers and play a part in the faith journey of the team.

**Sept-Oct**

Create a proposal for ministry, accommodation & transport using team request form.

**Mid Nov**

Agree details and costs with Exodus before team is advertised.

**Early March**

Exodus confirms the team has been recruited and summer prep commences.

**Late April**

Write preparation guide and day plan for the team.

**May-June**

Finalise the necessary logistics inc. food, accommodation, transport, ministry.

**July-August**

Host the team and providing ministry, food, accommodation & support.

**September**

Provide feedback for Exodus on the process.

**REQUEST  
A TEAM**

[exodusonline.org.uk/  
host-a-team](https://exodusonline.org.uk/host-a-team)



# Plan Your Team

Use this page to help you imagine what your Exodus team could look like, consider who'll be involved and spot where the gaps are.

Small Group Course: \_\_\_\_\_

Team Leader Name: \_\_\_\_\_

Co-worker Name(s): \_\_\_\_\_

Team members: \_\_\_\_\_  
\_\_\_\_\_

Meeting Location: \_\_\_\_\_

Meeting Night: \_\_\_\_\_

Potential Placement: \_\_\_\_\_

Placement Dates: \_\_\_\_\_

## NEXT STEPS

### Leaders

Apply online,  
complete Access  
NI & record key  
dates.



### Partner Teams

Confirm details and  
complete partner  
agreement when  
requested by Exodus.

# Key Dates



Be sure to put these important dates  
in your calendar!

**Recruiting Leaders, Hosts  
& Partner Teams**  
Oct – Nov

**Leader Connect &  
Interview Night**  
28th Nov – 2nd Dec

**Meet The Leaders Events**  
Mid Jan

**Early Application Deadline**  
Mon 30th Jan  
Team members applying later may  
experience limited availability

**Leader Reconnect Events**  
Mid Mar

**Commissioning Service**  
Sat 17th Jun

**Summer Celebrations**  
Late Aug

**Theme Launch**  
Sat 19th Nov

**Team Member  
Applications Open**  
Wed 14th Dec

**Team Leader Training**  
Sat 14th Jan

**Team Meetings**  
Feb – Jun

**Leader Placement Training**  
Sat 20th May

**Teams Travel**  
Jul – Aug





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