



EXODUS

SOAR

Equipping Pupils to Lead Themselves Well

SOAR

A six session leadership course designed to inspire and equip pupils (Yr11+) to lead themselves well.

90% of pupils would recommend the course to others.

Introducing SOAR

Exodus is a Christian Youth Organisation which has been working with young people in schools, youth centres and community groups since 1997.

We have seen that when young people lead themselves well they increasingly unlock their potential, maximise their gifting and contribute to society.

With this in mind, we have developed the SOAR programme to equip students with the knowledge and skills to lead themselves in order that they might shape their own development and lead within their school, community and in time, their chosen career path.

Engaging

The six session journey is delivered by Exodus staff and volunteers in fun and creative ways that invite interaction so that pupils are engaged and learning is enjoyable. Classroom based, workshop style sessions of 35-55 mins.

Core

Designed around the Learning for Life & Work syllabus meeting key elements from Key Stage 4, as well as 6th form personal development targets.

Certification

Stranmillis University College will issue a certificate of completion to every pupil who finishes the programme.

Self-Leadership Sessions

Personal Values
Self-Awareness
Goal Setting
Sacrifice
Self-care
Courage

Questions and inquiries can be directed to:

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What pupils are saying:

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SOAR makes you think about topics you've probably never thought about before.

Year 13 Pupil from
Antrim Grammar School

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It makes leadership more understandable and therefore more achievable.

Year 13 Pupil from
Abbey Community College

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SOAR is about how everybody is inherently a leader, but understanding and leading yourself is the first step to being a leader of people.

Year 11 Pupil from
Ballymoney High School

What teachers are saying:

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Before the last session the pupils were asking me if we could have Exodus in for another six weeks. They genuinely did not want it to end! This course has really had a positive impact on my class.

Teacher from
St. Patrick's College, Banbridge

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This class has never been as focused and tuned in as they are during the SOAR sessions. The Exodus staff really connect well with the pupils.

Teacher from
Fort Hill Integrated College

For Your School

Since launching SOAR in September 2021 we have been able to deliver the programme to over 1000 pupils in 9 schools.

We are now taking booking requests for 2022/23 and are keen to hear from those who would like to explore how SOAR could address the specific needs and context of their school.

Costs

We are keen to make the programme accessible to every school and so invite schools to make a donation in light of these costs. The approximate cost is only £10 per pupil.



EXODUS

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