

# SOAR GET READY FOR WHAT'S NEXT







A six session course designed to inspire and equip pupils (Yr 11+) to **get ready for what's next**.

### **Introducing SOAR**

Exodus is a Christian Youth Organisation which has been working with young people in schools, youth centres and community groups since 1997.

We developed SOAR because we saw an opportunity to engage with upper secondary students about issues of **character** and **personal development**. So much of education is focused on building skills and knowledge to help young people answer the question, What do I want to be when I grow up?

We help students answer the question, **WHO** do I want to be when I grow up? Through six interactive and engaging sessions delivered by trained facilitators, SOAR can help your students take responsibility for the person they are becoming and build practical skills for growth that they will return to again and again.

#### **Engaging**

6 workshop style sessions lasting 35–55min are delivered by Exodus staff and volunteers in an interactive and creative way covering:

Values
Identity
Curiosity
Change
Balance
Responsibility

#### **Certified**

Stranmillis University College will issue a certificate of completion to every pupil who finishes the programme.

#### Core

Designed around the Learning for Life & Work syllabus meeting key elements from Key Stage 4, as well as 6<sup>th</sup> form Personal Development targets.



### What pupils are saying:



SOAR makes you think about topics you've probably never thought about before.

Year 13 pupil from Antrim Grammar School



It helps develop vital qualities that are useful for leadership in school and outside.

Year 13 pupil from Ballymoney High School



Create a life that feels good on the inside, not just one that looks good on the outside.

Year 13 pupil from Wellington College



#### What teachers are saying:



Before the last session the pupils were asking me if we could have Exodus in for another six weeks. They genuinely did not want it to end! This course has really had a positive impact on my class.



This class has never been as focussed and tuned in as they are during the SOAR sessions. The Exodus staff really connect well with the pupils.

Teacher from St. Patrick's College, Banbridge

Teacher from Fort Hill Integrated College

### **Bring SOAR to Your School**

Get in touch to find out more about SOAR and set up a new course in your school. Courses typically run during the school timetable, although opportunities for after school groups are also available.

#### Costs

SOAR costs £10 per pupil, invoiced directly to the school. Subsidies are available in a small number of cases.

## Scan here to find out more & to get in touch!

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